

2017-2018 FOOTBALL TRAINING CAMPS



















Gloria Sports Arena is a modern sports complex with indoor, outdoor and aquatic sports facilities. It is built on 105 000 m2 in Belek-Antalya-Turkey, where over 50 different sports disciplines and camps will be hosted. Facilities are equipped and built by using the most modern technological developments in sports. Gloria Sports Arena is connected with Gloria Hotels & Resorts (Gloria Golf Resort, Gloria Verde Resort, Gloria Serenity Resort) in 5 km distance (Free shuttle available) and 30 minutes away from Antalya International Airport.

Gloria Sports Arena offers professional service for individual athletes, teams and groups: National Teams, Clubs, Sport Groups, Amateur Athletes, Professional Athletes, All Season Training Camps, Summer School Camps, Tournaments, Events, Congresses, Conventions and Conferences.





OUTDOOR SPORTS

Olympic Sports

- ➤ ARCHERY
- BEACH VOLLEYBALL CYCLING
- Mountainbike
- 2. Roadbike FIELD HOCKEY FOOTBALL
- ➢ GOLF
- > RUGBY
- > TENNIS
- TRACK & FIFLD
- 1. Running (Sprint-Middle distance-Long distance-Relay Hurdles)
- 2. Jumping (Long jump-Triple jump-High jump-Pole vault)
- 3. Throwing (Shot put-Discus-Javelin-Hammer)
- 4. Combined events (Men's decathlon-Women's heptathlon)
- > TRIATHLON

Other Sports

- CLIMBING
- **Bouldering**
- Sportclimbing
- ➤ ULTIMATE FRISBEE
- ➤ SLACKLINING

INDOOR SPORTS

Olympic Sports

- **BADMINTON**
- BASKFTBALL
- **BOXING**
- **FENCING**
- **GYMNASTICS**
- **HANDBALL**
- JUDO
- **TABLE TENNIS**
- **TAEKWONDO**
- **VOLLEYBALL**
- WEIGHTLIFTING
- **WRESTLING**

Other Sports

- **POWERLIFTING**
- DANCESPORT
- **FUTSAL**
- **MARTIALARTS**
- Aikido 1.
- Jiu-jitsu
- 3. Karate
- **Kickboxing**
- 5. Κ1
- Muay Thai
- and others... 7.
- **GROUPCLASSES**
- Indoor cycling 1.
- 2. **Cross-training**
- 3. Suspensiontraining

AQUATIC SPORTS

Olympic Sports

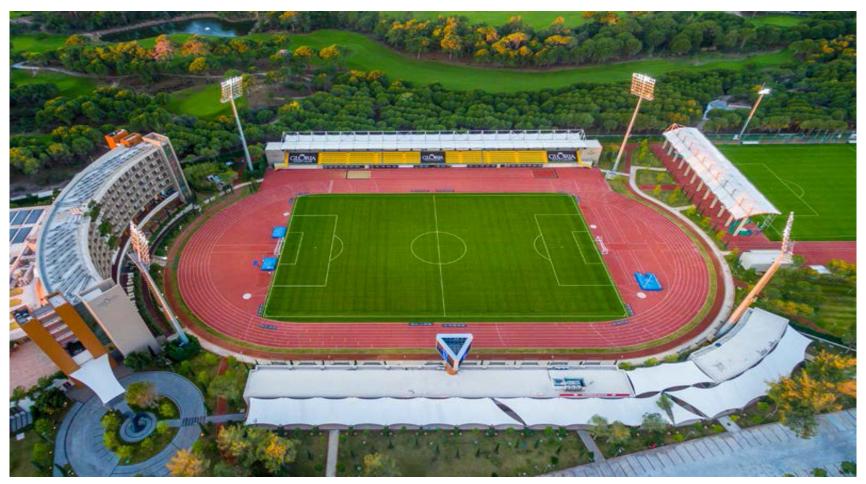
- > DIVING
- 1. 1m springboard
- 2. 3m springboard
- 3. 1m platform
- 4. 3m platform
- 5m platform
- 6. 7.5m platform
- 7. 10m platform
- SWIMMING
- > SYNCHRONIZED SWIMMING
- **➤ WATER POLO**

Other Sports

- > SCUBA DIVING (POOL)
- UNDERWATER HOCKEY
- UNDERWATER RUGBY



◆ <u>ALTERNATIVE 1 – GLORIA SPORTS ARENA</u>



There are 4 football fields: One stadium field with a spectator's capacity of 1.800 people and one training field. Two more football training fields are also available at the Gloria Football Center, 5 minutes away from Gloria Sports Arena with free shuttle service. Football fields are built according to FIFA standards.





Football Specific Tests and Training Opportunities Training Areas

- 105 x 65 m stadium field with a spectator's capacity of 1.800 people
- 100 x 65 m training field
- 2000 m2 main gym with Technogym Cardio
- & Strength Training Devices
- Indoor cycling studio with 24 bikes
- Weightlifting studio with ESP full racks and free standing platforms
- Combat sports studio with functional training equipment

(TRX, Bosuball and Pilates Balls)

- Studios for Mat and Group training
- 1,7 km outdoor natural running trail
- 1,5 & 2,5 degrees incline running track
- Stair climbing areas with various heights

Soccer Specific Equipment

- Training goals, mini goals
- Free kick sets
- Training equipment (cones, slalom sets, hurdles, agility ladders, sprint sleds etc.)
- Vertimax vertical jump and speed training device

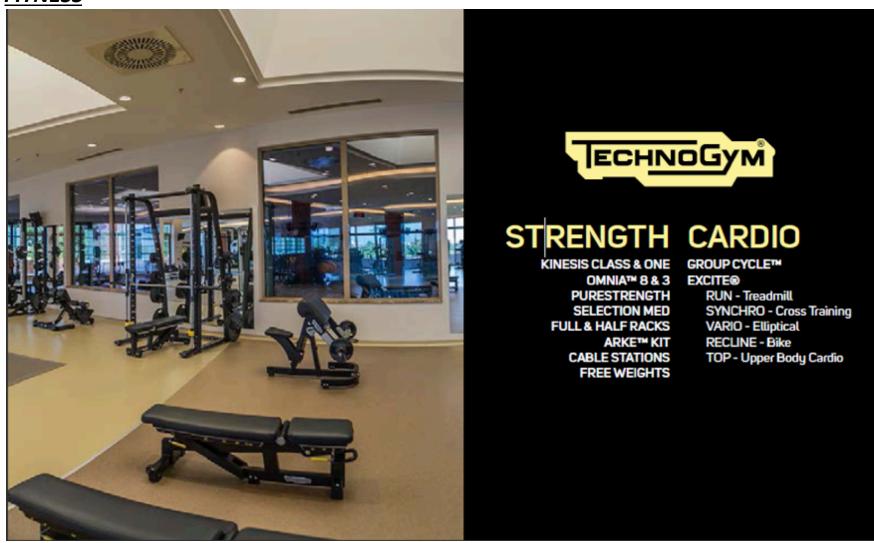
Soccer Specific Tests and Training Opportunities

- Body Composition with gold standard **BODPOD**
- Isokinetic strength tests and training with **ISOMED 2000**
- Aerobic capacity (Lactate & VO2max tests) HP Cosmos treadmills and QUARK CPET
- Anaerobic power test with MONARK ergometer
- Jump tests with OPTOJUMP system
- Motion analyses with 2D & 3D video analyses systems
- 3D ground reaction force analysis with 2 KISTLER force plates
- Agility tests and trainings with SPEEDCOURT
- 3D Posture and Spine analyses
- Footscan test for foot pathologies
- Gait Analysis with high speed cameras
- HYDROWORX for post injury training and conditioning
- Anthropometric tests
- Soccer specific test protocols for all age groups





- ALTERNATIVE 1 GLORIA SPORTS ARENA
- **FITNESS**





◆ ALTERNATIVE 1 – GLORIA SPORTS ARENA



SPORTS HALL

GYMNASTICS , FENCING, BADMINTON, TABLE TENNIS FUTSAL

The 2270 m2 multipurpose sports hall can be used for all indoor sports. The floor is covered with NeoShok floating sports system. Taraflex floor can be set for volleyball and handball training & competitions.



STUDIO I & II

WRESTLING, JUDO, TAEKWONDO, KARATE, AIKIDO, KENDO, BALLET, DANCESPORT, PILATES, YOGA

Studios I and II have a sliding curtain system so that each studio can be used separately. The parquet floor, ballet bar and mirror wall make the studios suitable for ballet, dancesport, Pilates and yoga. When separated, Studio can be fully covered with tatami or wrestling mats for martial arts or wrestling.





COMBAT SPORTS STUDIO

CROSSTRAINING, KICKBOXING, MUAY THAI, **BOXING**

The boxing studio has special flooring, including two boxing rings with sandbags, speedbags, standing sandbags, double end speed balls and speed balls, Vertimax trainer and Technogym OMNIA 8 Cross Training Tower.

WEIGHTLIFTING STUDIO

WEIGHLIFTING

Weightlifting studio is equipped with 5 ESP TotalPower full racks and 5 Technogym free standing platforms.

INDOOR CYCLING STUDIO

INDOOR CYCLING

24 Technogym top-class indoor cycling bikes in a specially designed studio.





- <u>ALTERNATIVE 1 GLORIA SPORTS ARENA</u>
- **Trainings: Indoor & Outdoor Swimming Pools**













- ALTERNATIVE 1 GLORIA SPORTS ARENA
- <u>Trainings</u>: Fitness GYM Weight lifting Spinning Condition Practicing













- ALTERNATIVE 1 GLORIA SPORTS ARENA
- <u>Trainings</u>: Outdoor Trainings Crossfit Trainings on Grass and Beach













- <u>ALTERNATIVE 1 GLORIA SPORTS ARENA</u>
- <u>Alternative Trainings : Outdoor Trainings Crossfit Trainings on Grass and Beach</u>













- ALTERNATIVE 1 GLORIA SPORTS ARENA
- <u>Trainings : Indoor & Outdoor Trainings Crossfit Waterpolo</u>













◆ <u>ALTERNATIVE 1 – GLORIA SPORTS ARENA</u>

♦ Social Activities



◆ Theoretical and practical golf lesson at Gloria Golf Courses (45 Holes), The Biggest Golf Club of Turkey

- Game Rooms for Relaxing
- Billard, Air Hockey , Pinball...etc









- <u>ALTERNATIVE 1 GLORIA SPORTS ARENA</u>
- **Meeting Rooms**



◆ Seminer and Meeting rooms for Education **lessons**









Comfortable rooms...







Laundry & Transfer Service

Laundry (free everyday);

Everyday after practice your Training Clothes will be washed, ironed.





Airport Transfer (free);

➤ Airport - Hotel - Airport transfers by Guides (by bus)





Included Services;

- Each team is entitled to use the pitch two times a day for free, each one being for 90 minutes and one in the morning and one in the afternoon. (The teams must follow the training times determined by the management during the reservation process.)
- ❖ Laundry service twice a day only for sportswear on training days,
- ❖Water Service during traning sessions,
- Coffee, milk, soda, cakes, cookies, orange, lemon and apple service on the floors twice a day (after trainings)
- ❖ According to availability on the day of Arrival and Departure training facilities,
- Organization of matches during stay within training hours, (If both teams stay in Gloria Hotels & Resorts) Accommodation within "Standard All Inclusive" (All Inclusive without Alcoholic Drinks) Concept,
- A Room allocation on the same floor and nearby each other,
- ❖ Free of charge one single room for Group Leader and upgrade to upper room type for this room,
- ❖ Free Massage and Equipment Room (one room will be given without accommodation, if there will be accommodation in this room it will be calculated according to number of pax)
- ❖ Buffet service Breakfast, Lunch and Dinner with separate sitting area in the main restaurant,
- Unlimited service of non-alcoholic beverages within the concept during meals and all day long,
- Minibar will be filled with soft drinks (once a day),
- Fresh Orange Juice service in all bars, (All day)
- ❖ Patisserie Service in Lobby Bar, (valid for Gloria Serenity Resort, Gloria Golf Resort ve Gloria Verde Resort),
- ❖ After 6pm usage of indoor pool, Fitness, Sauna, Hammam (with reservation)
- ❖On demand allocation of one meetingroom,
- ❖ Hotel Field Hotel transfers,
- ❖The following special services are offered free of charge on the specified numbers during the teams' stay (only for teams who are staying in Gloria Sports Arena);
- ❖Ice Lab (Cryotheraphy Chambers- WholeBodyCryoTherapy) Usage (1 time),



Extra Services;

- ❖ Meal out of Main Restaurant (unlimited soft drinks inc. / per person): Euro 10.-
- ❖BBQ Party (unlimited soft drinks inc. / per person): Euro 35.-
- ❖ Field Lightening (90 Minutes): Euro 150.-
- ❖ Football match organisation for the teams (which stays at Gloria Hotels & Resorts): Euro 500.-
- ❖ within their own training times with a team which stays at other hotels
- ❖ Football match organisation for the teams (which stays at Gloria Hotels & Resorts): Euro 1000.-
- ❖(out of their own training times a team which stays at other hotels)
- ❖ Match demands in Gloria Sports Arena Stadium for the teams which stays at Gloria Hotels & Resorts: Euro 1500.-
- ❖ Match demands in Gloria Sports Arena Stadium for the teams which stays at other hotels: Euro 2500.-
- Room service is extra for all team members during 24 hours.
- ❖ All expenses in Golf Club, Entertainment Center and Bowling will be charged.
- ❖Special menu demand has to be notified to kitchen one day in advance. If the team has an own Cook they and bring their own ingredients there will be charged nothing but if you bring your own ingredients and ask for a menu it will be charged up to menu.
- ❖ Special services mentioned below, which will be served in the Gloria Sports Arena Sport Science and Athletic Performance Center, can be used with an extra charge for all teams which are accommodating at Gloria Serenity Resort, Gloria Golf Resort and Gloria Verde Resort for their camp period;
 - ✓ Ice Lab (Cryotheraphy Chambers-WholeBodyCryoTherapy) Usage,
 - ✓ Hydroworx 2000 Underwater Treadmill Pool Usage,
 - ✓ Individual Gait Analysis / Biomechanic Basic Data Usage,
 - ✓ Physhiotherapy Services (Approved by Eden Reha Germany),
 - ✓ 90 Minutes training session in one of Gloria Sports Arena Footbal Field,
 - ✓ Gloria Sports Arena Daily Usage,





Rules;

- ❖ The players will not be allowed to walk around in the hotel in their cleats.
- No alcoholic drinks will be placed in the mini bars in the players' rooms. The mini bars of all the technical team members other than the players will include alcoholic drinks, unless otherwise requested.
- ❖ Alcoholic drinks will not be served to the players.
- Guests are not allowed to enter the restaurant with slippers and shorts. The team has to comply with the rules of the hotel. The hotel management reserves its right to ask any team member with inappropriate attire to leave the restaurant.
- Dirty laundry must be left in the laundry boxes in the floors that the team stays by the players or the ball boy. The ball boy shall contact the laundry officer of the hotel to determine the times for the collection of laundry. The laundry will be picked up by the laundry officer after it is counted and then delivered again after counting.
- ❖ In order for the entire team to use the pool, fitness, turkish bath and sauna services together, pre-reservation must be done and if it is available, the team representative will be informed.
- ❖ If requested, one meeting room for each team will be offered complimentary to the team. Meeting room must be requested one day prior by the group coordinator. Materials like pens, books, flip charts etc will be provided by the hotel management. If the meeting room is not available, the night club in the entertainment center will be used as a meeting room.
- ❖ If the race track is requested, the players can run on the track determined by the hotel manager. The players shall not run without the approval of the hotel management.
- ❖ After the team checks-in, coach, agency officer and hotel management will sign a protocol for the terms and conditions on the use of the pitch and with respect to the trainings.
- The hotel management may accept or decline private games.
- ❖ The Station and Goalkeeper trainings on the specifically allocated area next to the football fields is mandatory. The Station and Goalkeeper trainings within the football field is strictly prohibited, if this trainings will be hold within the field the hotel management retains the right to close the fields immediately.
- ❖ Hotel management is entitled to close down the pitch due to bad weather conditions or/and technical problems.
- If the team doesn't want any press members to stay at the hotel during the stay of the team, it must be specified during the reservation process.
- ❖ Visitors from outside will not be taken inside the hotel without the approval of the team officer and/or the person that is visited. Visitors will be seen in the lobby.
- ❖ The visitor will be charged for the hotel services he/she uses. Unless otherwise specified, any use of the services by the visitor will be charged to the account of the person visited.





ALTERNATIVE 1 – GLORIA SPORTS ARENA Package Price

Hotel	GLORIA SPORTS ARENA		
7 nights Accommodation	ALL INCLUSIVE (Breakfast Lunch Dinner including Beverages)		
Airport Hotel Airport Transfers by Guides	Included		
Laundry service for the uniforms 2 times in a day	Included		
2 times training in a day at standard grassfiled	Included		
Fitness, Gym, Sauna, Water Gym, Indoor Swimming	Included		
Separate sitting area in the main restaurant,	Included		
Fitness, Gym, Sauna, Water Gym, Indoor Swimming Pool usage for alternative trainings	Included		
Ice Lab (Cryotheraphy Chambers- WholeBodyCryoTherapy) Usage (1 time)	Included		
Water Service during traning sessions	Included		
WINNER Asssistance Team	Included		
Jogging Route on the Beach or Grass	Included		
Meeting Rooms for Education or Seminers	Included		
DRON ,GoPro and Professional Photo - video Shooting	Included		
DATE PERIODS	TRP.p.p	DBL p.p	SGL
01.01.2018 - 15.02.2018	849€	885 €	1.065 €
01.10.2017 - 31.12.2017 16.02.2018 - 31.04.2018	709 €	744 €	849 €





ALTERNATIVE 2 - LİMAK LİMRA HOTEL / KİRİŞ



Limra Hotel & Resort, which is located in a popular tourist resort area of Antalya – Kemer / Kirish borough at the bottom of a historical mountain Olympus right at the sea, and which received an award for its architecture, started rendering services in August 1998 and occupies the territory of 140.000 m2.





ALTERNATIVE 2 - LİMAK LİMRA HOTEL / KİRİŞ













ALTERNATIVE 2 - LİMAK LİMRA HOTEL / KİRİŞ













◆ ALTERNATIVE 3 – LİMAK ARCADIA HOTEL / BELEK



The name Arcadia is derived from the meaning "Valley of Tranquility". Appropriately, the resort's 97,000m2 comprises forest and greenery, ensuring the preservation of the area's natural beauty. Arcadia is a pioneer in sport tourism, offering one of the biggest sport complexes in Turkey. Our 11 football pitches, of which 7 adhere to UEFA standards, have hosted both professional and amateur teams from as far afield as the Far East and South America.





<u>ALTERNATIVE 3 – LİMAK ARCADIA HOTEL / BELEK</u>













ALTERNATIVE 3 – LİMAK ARCADIA HOTEL / BELEK





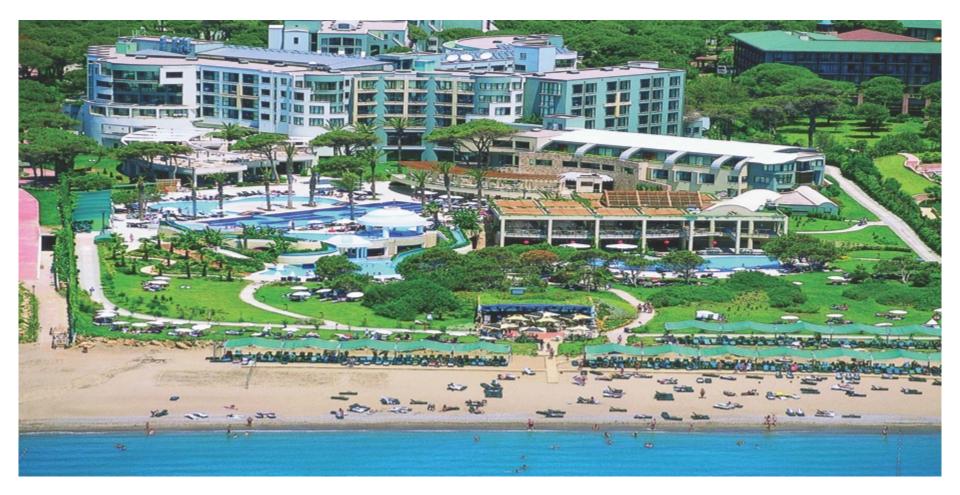








◆ <u>ALTERNATIVE 4 – LİMAK ATLANTIS DE LUXE / BELEK</u>



In Belek, Antalya, where nature blends with the sea, and golden sands meet with blue waters, Atlantis the lost empire will come to life. Atlantis De Luxe Hotel & Resort, where modern architecture meets with minimalist details, brings the legend into the present day in all its glory.





ALTERNATIVE 4 – LİMAK ATLANTIS DE LUXE / BELEK













ALTERNATIVE 4 – LİMAK ATLANTIS DE LUXE / BELEK











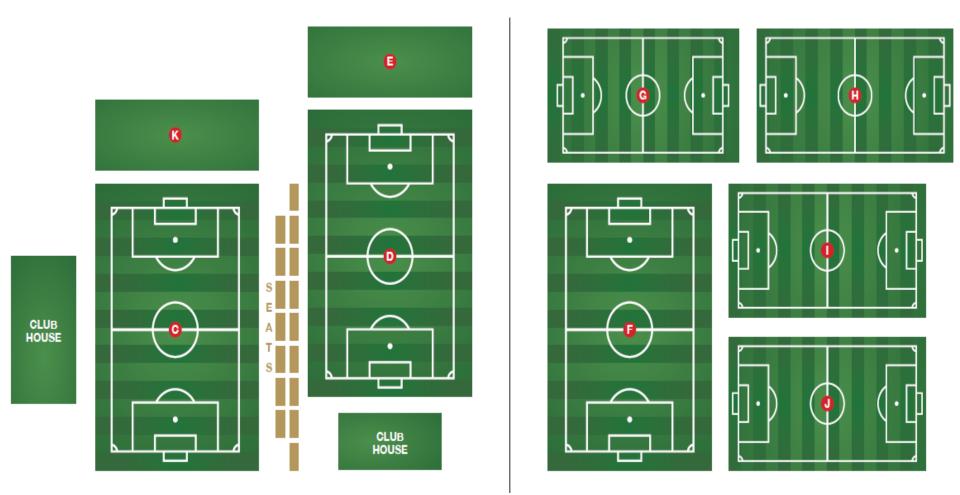
Football Fields of Arcadia / Atlantis (BELEK)







Football Fields of Arcadia / Atlantis (BELEK)



ATLANTIS SPORT COMPLEX CLUB HOUSE (2 FLOORS)

6 Dressing Rooms (There are showers and WC in every dressing room) - 1 Referee Room - 1 Infirmary -1 Management Room 1 Equipment Room





Football Fields of Arcadia / Atlantis (BELEK)

FOOTBALL FIELDS

С	70 x 105 at Limak Arcadia & Atlantis Sport Complex, floodlitv
D	75 x 110 at Limak Arcadia & Atlantis Sport Complex, floodlit
E	25 x 60 at Limak Arcadia & Atlantis Sport Complex, training pitch
F	70 x 110 at Limak Arcadia & Atlantis Sport Complex, floodlit
G	55 x 90 at Limak Arcadia & Atlantis Sport Complex, floodlit
н	65 x105 at Limak Arcadia & Atlantis Sport Complex, floodlit
1	65 x105 at Limak Arcadia & Atlantis Sport Complex, floodlit
J	60 x105 at Limak Arcadia & Atlantis Sport Complex, floodlit
К	25 x 60 at Limak Arcadia & Atlantis Sport Complex, training pitch



SportTeamConnect FOOTBALL TRAINING CAMPS





REFERENCES



FENERBAHCE K. KARABÜKSPOR



GAZIANTEPSPOR



K. ERCIYESSPOR



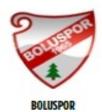
I.B. BELEDIYESPOR



KONYASPOR



ANKARAGUCU













SC PADERBORN























SportTeamConnect FOOTBALL TRAINING CAMPS





REFERENCES



SAMSUN SPOR





FC UJPEST





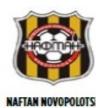








































REFERENCES

































TATRAN PRESOV





























































SK STURM GRAZ





































































ESBJERG















































RUSSIAN N.R. UNION



RUBIN KAZAN





FC MIKA



FC RAH AHAN









RUGBY KAZAN



FC MES KERMAN







KRYVBAS





ARCADIA BELEK / ATLANTIS BELEK / LİMRA KİRİŞ FOOTBALL SERVICES (SAME COMPANY)

Included Services

- All inclusive 7 nights-8 days 5 Stars Hotel Accomodation
- 2. Airport -Hotel-Airport Transfers by Guide
- 1 complimentary room for TRAINER 3.
- 2 times training in a day at standard grassfiled (morning and afternoon 90 min). 4.
- 5. Transfer to pitches
- 6. Accommodation on the same floor (upon availability)
- Every evening free cake and fruit buffet on the player's floor 7.
- Water and soda in minibar (1 x daily service) 8.
- President of the team will stay free of charge and as a V.I.P. 9.
- For the team management local alcoholic drinks included until 24:00 10.
- 11. Separate seating area at the restaurant
- 12. Free meeting room + equipment
- Free water for each training (unlimited)
- Laundry service for the uniforms 1 times in a day
- 15. Fitness, Gym, Sauna, Water Gym, Indoor Swimming Pool for alternative trainings
- 16. Stretching area (Outdoor on the grass or Indoor Studio)
- Photo and Video by Dron or Professional Cameras at the Camp
- All Inclusive open buffet breakfast, lunch and dinner.
- 19. Meeting room with standard set up
- 2 matches inclusive (at the Arcadia Sport Complex / referee charges extra)
- Winner Events Assistance for all week

Extra Services

- The match with a visitor team (out of hotel) 400 € 1.
- The Land of Legends Water Park FULL Day Usage & Transfers (for Belek Hotels only) 2.
- 3. Optional Physical and Performance Tests at Gloria Sports Arena





ARCADIA BELEK / ATLANTIS BELEK / LİMRA KİRİŞ PACKAGE PRICE (SAME COMPANY)

Hotel	LİMAK ARCADIA - BELEK & LİMAK ATLANTIS DE LUXE -BELEK			LİMAK LİMRA - KİRİŞ		
Accommodation	ALL INCLUSIVE (Breakfast Lunch Dinner including Beverages)			ALL INCLUSIVE (Breakfast Lunch Dinner including Beverages)		
Airport Hotel Airport Transfers by Guides	Included			Included		
2 x 90 minutes training daily (UEFA size pitch)	Included			Included		
2 matches inclusive (at the Arcadia Sport Complex / referee charges extra)	Included			Included		
Free Sauna,Turkish Bath	Included			Included		
Free indoor swimming pool and fitness centre (professional football facilites	Included			Included		
2 free rooms for massage + equipment	Included			Included		
2 x laundry service daily (for kit)	Included			Included		
All players on the same floor	Included			Included		
Every evening free cake and fruit buffet on the player's floor	Included			Included		
Water and soda in minibar (1 x daily service)	Included			Included		
DRON ,GoPro and Professional Photo - video Shooting	Included			Included		
DATE PERIODS	TRP.p.p	DBL p.p	SGL	TRP.p.p	DBL p.p	SGL
01.01.2018 - 28.02.2018	505€	540€	655€	505€	540€	655€
01.10.2017 - 31.12.2017 01.03.2018 - 30.04.2018	485 €	505 €	610€	485 €	505€	610€





<u>ALTERNATIVE 5 – KORENIUM GOLF & BEACH RESORT / CYPRUS</u>







ALTERNATIVE 5 – KORENIUM GOLF & BEACH RESORT / CYPRUS













ALTERNATIVE 5 – KORENIUM GOLF & BEACH RESORT / CYPRUS















Package Price

Hotel	KORENIUM GOLF & BEACH RESORT / CYPRUS				
Accommodation	FULL BOARD (Breakfast Lunch Dinner including Beverages)				
Flights tickets included	Included				
Airport Hotel Airport Transfers by Guides	Included				
2 x 90 minutes training daily (UEFA size pitch)	Included				
Transfer to pitches	Included				
Accommodation on the same floor (upon availability)	Included				
Separate seating area at the restaurant	Included				
Free water for each training (unlimited)	Included				
Meeting room with standard set up	Included				
Winner Events Assistance for all week	Included				
Stretching area (Outdoor on the grass or Indoor Studio)	Included				
DRON ,GoPro and Professional Photo - video Shooting	Included				
DATE PERIODS	TRP.p.p	DBL p.p	SGL		
01.01.2018 - 28.02.2018	Flight tickets included		Flight tickets included		
01.10.2017 - 31.12.2017 01.03.2018 - 30.04.2018	800 €	825 €	1015 €		





ALTERNATIVE 5 – KORENIUM GOLF & BEACH RESORT / CYPRUS

Included Services

- Full Board 7 nights-8 days Hotel Accomodation
- Airport Hotel Airpot Transfers by Guide
- 2 times training in a day at standard grassfiled (morning and afternoon 90 min). 3.
- Transfer to pitches
- Accommodation on the same floor (upon availability)
- Separate seating area at the restaurant
- Free water for each training (unlimited)
- 8. Fitness, Gym, Sauna, Water Gym, Indoor Swimming Pool for alternative trainings
- Stretching area (Outdoor on the grass or Indoor Studio)
- 10. Photo and Video by Dron or Professional Cameras at the Camp
- 11. Meeting room with standard set up
- 12. Winner Events Assistance for all week

PLEASE ASK FOR PACKAGE PRICE!!!

◆ ALTERNATIVE 6 – GREECE



◆ <u>ALTERNATIVE 6 − GREECE</u>









◆ ALTERNATIVE 6 − GREECE









◆ ALTERNATIVE 6 − GREECE









◆ <u>ALTERNATIVE 6 − GREECE / REFERENCES</u>



◆ ALTERNATIVE 6 − GREECE

Included Services

- 1. Full Board 7 nights-8 days 5 Stars Hotel Accomodation
- 2. Airport -Hotel-Airport Transfers by Guide
- 3. 2 times training in a day at Natural Grass Fields, Synthetic Grass Fields (morning and afternoon).
- 4. Transfer to pitches
- 5. Changing Rooms
- 6. Accommodation on the same floor (upon availability)
- Separate seating area at the restaurant
- 8. Fitness, Gym, Sauna, Water Gym, Indoor Swimming Pool for alternative trainings
- 9. Stretching area (Outdoor on the grass or Indoor Studio)
- 10. Meeting room with standard set up
- 11. Rehabilitation areas

◆ PLEASE ASK FOR PACKAGE PRICE!!!

♦ How can we help you?

